

Z

ZAMARA



Zamara is non-profit organization set up for children with down syndrome. It was founded in January 2021 by five Indian ladies who saw the need to help children in Zambia with down syndrome reach their full potential. Zamara's establishment was inspired by a little Indian girl with down syndrome who despite her condition has thrived. They were amazed by the efficient learning aids and physical therapy equipment the American rehabilitation facility had to offer children and wanted to offer the same to the Zambian children. Zamara's aim is to help children and adults with down syndrome improve their abilities and bring out the best in them.

Zamara works with volunteer teachers and members of the community to educate and empower children living with down syndrome and their guardians. Zamara has worked with a number of children with down syndrome and these children are taught how to read and write.

WHAT THEY DO

- Provide a secure environment and friendly learning system to support children with down syndrome
- They teach children how to write, fine motor art skills and carpentry plus stitching for adults and anything else that would help them to be confident and earn an income.



- Literacy education to help children to be able to read and write.
- Speech therapy for children that struggle to speak fluently.



- Occupational therapy and other programmes to help the adults live their lives to the fullest.
- They aim to empower parents and guardian that have children with disability with knowledge on how to best care for the children. They encourage them to engage the children in more creative activities such as painting and sports. These activities help the children improve their abilities and stay fit.

PROGRAMME ACTIVITES

Speech Therapy sessions
Creative painting
Fun sporting activities
Literacy lessons



SUPPORT NEEDED

- Educative toys
- Reading and writing books, school bags, reams of paper, pens, pencils, crayons
- Notice boards, flip charts, whiteboards
- Photocopying machine, printer, computers
- First aid box
- Building blocks, bags of cement
- Mini bus



CONTACT: +260974746040

EMAIL: Adi.par@hotmail.com

FACEBOOK: Zamara

ADDRESS: along Mosi-oa-Tunya road 217



FEEL IT - SEE IT - DO IT
DESTINATION
LIVINGSTONE

WEBSITE: www.destinationlivingstone.org

EMAIL: destinationlivingstone2020@gmail.com